

"Self-Direction Leading to Full Potential"

March 18, 2020 RE: Covid 19

To all our Traditional PCA's,

We understand there are questions and concerns regarding the novel coronavirus (COVID-19), and its potential impact on home healthcare and your job. My Brothers' Keeper shares your concerns. The health and safety of the individuals we serve, staff and community are our top priority. As concerns grow about this virus, we want to assure you that MBK's operations are, and will continue to, function at full capacity for you and the individuals we serve.

Our goal is to prevent a major disruption to your work and the care of the individual(s) you work with. Please follow the below guidelines, procedures and precautions to avoid any potential spread of this virus.

- 1. Call the QP as soon as possible if you have any sign or symptom of illness and stay in regular contact. You may return to work upon the agreeance of the individual served as well as the QP.
- 2. Do NOT contact the individual(s) you serve. The QP will do so once you inform them of your situation.
- 3. Wash your hands immediately upon coming into the individual's home and regularly throughout your shift. Sanitizer with 60% alcohol is effective as well.
- 4. Wipe down and clean surface areas, doorknobs, medical equipment and tubing, and other bacteria/viral-ridden areas during your shift.
- 5. Monitor your use of supplies and prevent waste as much as possible, while also protecting yourself and the individual served.
- 6. Notify the QP if members of your household are symptomatic and/or have a fever, even if you yourself are not feeling sick.
- 7. Practice social distancing by staying at home on your time off and at the client's home when you are scheduled to work.

Please let us know if you have any questions or concerns about what you've read above. Thank you for all you do to keep our PCA recipients healthy, safe, and independent.

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